

**Level 2 Certificate in Counselling Skills**

**Written Exercise**

Please provide information using the following headings using a **minimum of 500 words and a maximum of 600 words per heading.**

**What does equality and diversity mean to you?**

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**Willingness to develop your self-awareness**

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**What is meant by good listening and responding skills?**

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**Willingness to give and accept feedback.**

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This information will be considered alongside your application form when considering the offer of an interview for a place on the course.

We look forward to receiving your completed work.

**Northamptonshire Centre for Counselling Studies**