**Application Assignment**

*“Reflect on your growth and development as a trainee counsellor so far”*

* This assignment should be no less than 1000 words and no more than 1500 words (please include a word count in your work).
* You may find it helpful to look back over previous learning reviews, assignments and feedback from both your peers and tutors.
* Your work should contain at least two references from external reliable sources (Wikipedia is not suitable) ensuring you use the appropriate citations in the text and references using the Harvard Referencing System in a references section at the end of the work.
* You may wish to also consider the seven learning outcomes of the Level 4 Candidate Guide as a framework.
* Things you may wish to think about: -
* Your personal development
* Your professional development
* Areas of strength
* Areas for further development